

Focus On Leukemia, Lymphoma & Myeloma

and Recognition of
Penn's Bone Marrow and
Stem Cell Transplant Program

Fifth Annual

EDUCATIONAL CONFERENCE

Presented by:

Abramson Cancer Center



Penn Medicine

&



The Leukemia &
Lymphoma Society®

Fighting Blood Cancers

8:00 am

Check In

Ask the Experts Sign-up
(Talk One-on-One or in a Group, Time is limited!)
Continental Breakfast/Visit Exhibits

Main Room

9:00 am

Welcome

Edward Stadtmauer, MD, Conference Chair
Craig Thompson, MD, Director, Abramson Cancer Center
MaryAnn Chupella, MA, LPC, The Leukemia & Lymphoma Society

Main Room

Health Care Reform Briefing

Joseph Carver, MD, Chief of Staff, Abramson Cancer Center

9:30 am

Break

9:45 am

CONCURRENT SESSIONS

Choose One

Acute Leukemia (ALL, AML) and Myelodysplasia (MDS)

Alexander Perl, MD

Jaime Schoefield, MSN, CRNP

Bala

Chronic Myelogenous Leukemia (CML)

David Porter, MD

Elizabeth Hexner, MD, MSTR

Heather DiFillippo, MSN, CRNP

Gladwyne

Multiple Myeloma

Edward Stadtmauer, MD

Patricia Mangan, MSN, CRNP

Main Room

Video and pictures from this conference will be available on PennMedicine.com/Abramson within two weeks.

Mantle Cell, Large B Cell and Other Aggressive Lymphomas

Sunita Nasta, MD

Kathleen Sacharian, MSN, CRNP

Haverford

**Follicular/Low Grade Non-Hodgkin Lymphoma (NHL)
and Chronic Lymphocytic Leukemia (CLL)**

Stephen Schuster, MD

Lisa Holland Downs, MSN, CRNP

Grand Salon

Hodgkin Lymphoma and T-Cell Lymphomas

Jakub Svoboda, MD

John Plastaras, MD

Michelle Renz, RN, BSN, MSN, CRNP

Overbrook

**Allogeneic – Life After Bone Marrow/Stem Cell
Transplant – Your New Normal**

Noelle Frey, MD

Jacqueline Smith, MSN, CRNP

Merion

**Autologous – Life After Bone Marrow/Stem Cell
Transplant – Your New Normal**

Dan Vogl, MD

Villanova

Update on Childhood Leukemia and Lymphoma

Susan Rheingold, MD

Bryn Mawr

en
ESPAÑOL

**Como lidiar con un diagnóstico de cáncer
en la sangre – el trayecto físico y emocional
(Coping with a Blood Cancer Diagnosis – the Physical and
Emotional Journey)**

Eduardo Fernández, MD

Board Room

11:45 am

Break - *please visit exhibitors and experts while the servers clean and set-up your lunch*

Noon	<p>Lunch <i>* Vegetarian Option upon Request</i></p> <p>Upcoming Cancer Center Events <i>Kathryn Dewees, Major Gifts Officer, Penn Medicine Development</i></p> <p>Hosts for Hospitals <i>Mike Aichenbaum, Executive Director</i></p> <p>Blood Cancers Advocacy Award <i>Presented to Sarah & Dan Keating</i></p> <p>Recognizing Penn's Bone Marrow and Stem Cell Transplant Program and its Patients and Families A special recognition of our almost 3,000 bone marrow and stem cell transplant patients, and their families. <i>Edward Stadtmauer, MD</i> <i>David Porter, MD</i></p>	Main Room
1:00 pm	ASK THE EXPERTS	(SEE NEXT PAGE FOR LISTING)
2:45 pm	<p>Relax and Renew - Special Closing <i>Led by Neal Niznan, LSCW, MSW</i></p>	Main Room

Evaluations

Please help us plan for next year's conference by completing the evaluation form.

Nurses & Social Workers: Please remember to fill out the back of the evaluation form to receive your credits

1:00 pm **ASK THE EXPERTS**

Main Room

Time is limited! Please sign up at individual tables in the Check-In Area!

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ESPAÑOL

ONE-ON-ONE	
<i>Topic</i>	<i>Expert</i>
Para Latinos: Lidar con un diagnóstico de cáncer en la sangre	<i>Eduardo Fernández, MD</i>
Cancer Rehabilitation	<i>Nancy Stewart, MEd, MPT, CLT</i>
Clinical Trials	<i>Amanda Gordon, BSN, RN Rita Bhagat, RN</i>
Coping with Emotions, Caregiver Issues or Living with Advanced Cancer	<i>Kava Schafer, MDiv, MA Mindy Weismer, MFT</i>
Coping with Body Image and Sexuality Concerns	<i>Margaret Lazar, MS, MSW, LCSW</i>
Employment and Insurance Concerns	<i>Greg Heller, Esq Rodney Warner, Esq</i>
Financial Planning	<i>Bill Wahl Carolyn Humphrey</i>
Giving Back	<i>Tricia Bruning Katie Dewees</i>
Home Care and Symptom Management	<i>Joseph Straton, MD, MSCE</i>
Integrative Medicine <ul style="list-style-type: none"> • Journaling • Reiki • Yoga & Meditation 	<i>Janet Falon, MLA Kimberly Fleisher, RMT, MEd Fern Nibauer-Cohen</i>
Managing Physical Symptoms	<i>Heather Difilippo, MSN, CRNP</i>
Nutrition, Herbs and Vitamins	<i>Audrey Caspar-Clark, RD, LDN, MA</i>
Post Transplant Challenges	<i>Jacqueline Smith, MSN, CRNP</i>
Survivorship Issues	<i>Patricia Mangan, MSN, CRNP</i>
LIVESTRONG CARE PLAN <small>POWERED BY</small> Penn Medicine's OncoLink	<i>Carolyn Vachani, MSN, RN, AOCN</i>
When Your Child has Blood Cancer: Coping for Parents and Families	<i>Susan Rheingold, MD</i>

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Please Visit our Exhibitors

Penn's Abramson Cancer Center

- ***Cancer Education***
- ***Development***

The Leukemia & Lymphoma Society[®]

American Cancer Society[®]

Cancer Survivors Unite

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FREE

Massage & Reiki

During the conference our integrative therapy providers will be available to provide massage and Reiki.

You can find their table in the back of the Main Room, stop by to sign up for a **FREE** session.

Laurie Elder, BFA, RMT - Reiki Master & Teacher

Kimberly Fleisher, RMT, MEd - Reiki Master & Teacher

Michael Murphy, CMT, RMT - Massage Therapist & Reiki Master

Christine Peacock, RMT - Reiki Master & Teacher

INTEGRATIVE MEDICINE PROVIDERS

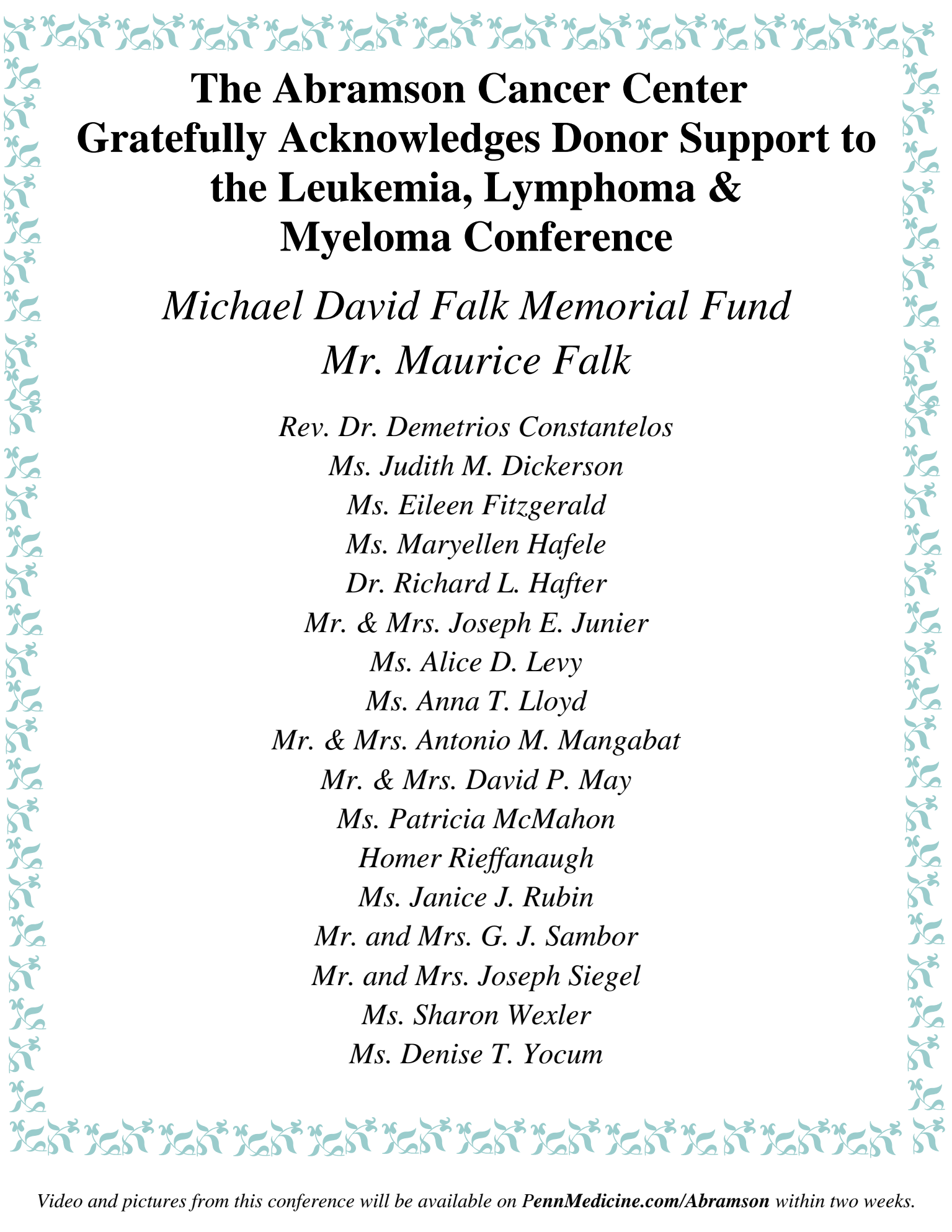
Laurie Elder, BFA, RMT is a Reiki Master Practitioner and Teacher at the Reiki School and Clinic. She has been practicing reiki since July of 2000 and is in her 3rd year of teaching. Laurie also has a BFA in graphic design and works as a freelance graphic designer. She is part of the collaborative group creating a Reiki volunteer program for The Abramson Cancer Center, and is a member of The Integrated Oncology Working Group at HUP.

Kimberly Fleisher, MEd, RMT is the founder and director of The Reiki School and Clinic in Philadelphia. She has been practicing Reiki for 14 years and running the school for 10. Kim specializes in Reiki education, particularly in the healthcare field. She is part of the collaborative group creating a Reiki volunteer program for The Abramson Cancer Center, and is a member of The Integrated Oncology Working Group at HUP.

Michael Murphy, CMT, RMT is a certified massage therapist and Reiki master teacher on the staff of The Reiki School and Clinic of Philadelphia. He has been doing bodywork since 2004. In addition to his professional practice, Michael uses his talents and abilities to help raise awareness and funds for local causes, and he volunteers his time to those who encounter financial hardship and are in need of therapeutic care.

Christine Peacock, RMT was trained in Reiki at the Reiki School and Clinic. She has been practicing Reiki in Philadelphia since 2006. Christine also received a Bachelors degree in Marketing from St. John's University. She is passionate about helping people to heal by providing the loving energy of Reiki. She is inspired by the sense of community and is honored to provide these services, especially to those who need it the most.

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**The Abramson Cancer Center
Gratefully Acknowledges Donor Support to
the Leukemia, Lymphoma &
Myeloma Conference**

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Conference Faculty from the Abramson Cancer Center and Guests of the University of Pennsylvania

CONFERENCE CHAIR

Edward Stadtmauer, MD is the Director of Penn's Bone Marrow and Stem Cell Transplant Program and Professor of Medicine (Hematology/Oncology) at the Abramson Cancer Center. Dr. Stadtmauer completed his MD at the University of Pennsylvania School of Medicine and served his internship and residency in internal medicine at the Albert Einstein College of Medicine in the Bronx, NY. He earned his Fellowship in hematology/oncology at the University of Pennsylvania where he founded the Bone Marrow Transplant Program in 1987. He has also been the Co-Chairman of the Bone Marrow Transplant Committee of the Eastern Cooperative Oncology Group (ECOG) for ten years. Dr. Stadtmauer is also a member of the Steering Committee of the NIH sponsored Blood and Marrow Transplant Clinical Trial Network. He is widely published on the subjects of autologous bone marrow transplantation, multiple myeloma, and acute and chronic leukemia, and has served in the Eastern Cooperative Oncology Study Group (ECOG) as principle investigator of the trial of autologous stem cell transplant for metastatic breast cancer and producing recommended criteria for the performance of autologous and allogeneic bone marrow transplantation. Dr. Stadtmauer has been appointed to the editorial board of the *Journal of Clinical Oncology*. His works have appeared in such peer-reviewed journals as the *New England Journal of Medicine*, *Journal of Clinical Oncology*, *British Journal of Hematology*, *Blood*, *Bone Marrow Transplantation*, *Biology of Blood and Marrow Transplantation* and *Annals of Internal Medicine*.

SPEAKERS

Rita Bhagat, BS, RN, BSN, CCRP received her undergraduate degree from University of North Carolina, Chapel Hill and was a staff nurse on the adult and pediatric Bone Marrow Transplant Unit at University of North Carolina Hospital, Chapel Hill. She then moved to Lineberger Cancer Center as a Clinical Trials Nurse doing Hem-Onc Clinical trials. She is currently a Clinical Research Nurse doing Hem-BMT trials at the Abramson Cancer Center.

Joseph Carver, MD is the Chief of Staff of the Abramson Cancer Center and the Chief Operating Officer of the Abramson Family Cancer Research Institute of the Abramson Cancer Center of the University of Pennsylvania. He is a Board Certified cardiologist and serves as a Clinical Professor in the Division of Cardiology at the University of Pennsylvania. His clinical practice is in the subspecialty of Oncologic Cardiology. Dr. Carver is the Founding Editor of the American Journal of Managed Care and was a Senior Corporate Medical Director at Aetna U.S. Healthcare from 1992-2001 where he was responsible for new program development and directed the National Medical Excellence Program. From 1999-2001, he was Co-chairperson of the New Jersey and Michigan Working Groups that established voluntary agreements among the insurers in those states to cover the routine costs of clinical trial participation for cancer patients.

Audrey Caspar-Clark, RD, LDN, MA is a Registered Dietitian at the Hospital of the University of Pennsylvania. She received a Bachelor Degree of Science in Nutrition and a Master Degree of Arts in Nutrition Education from Immaculata University. She is a Certified Specialist in Nutrition Oncology, and participates in the comprehensive nutrition assessment, care plan development, monitoring and education of oncology and medical/surgical patients.

Heather Difilippo, MSN, CRNP is an Advanced Practice Nurse in the Department of Hematology-Oncology at the Abramson Cancer Center. She graduated from Roanoke College in Salem, Virginia with a Bachelor's Degree in Psychology and worked for a year mainstreaming autistic students. She graduated from Thomas Jefferson University Nursing Program in 2000, and while working at Jefferson Hospital on the oncology unit, was a student in the Oncology Nurse Practitioner graduate program at Thomas Jefferson University. Upon graduation, Ms. Difilippo worked as an Inpatient Oncology Nurse Practitioner at the Hospital of the University of Pennsylvania on Rhoads 6 and 7. In November of 2005, she began working in a collaborative practice with Dr. David Porter on the Allogeneic Bone Marrow Transplant team.

Noelle Frey, MD is an Instructor of Medicine (Hematology/Oncology) at the Abramson Cancer Center and a Leukemia and Lymphoma Society Special Fellow in Clinical Research. She received her medical degree from Columbia University and her graduate degree from Yale University. Noelle completed her residency in Internal Medicine and fellowship in Hematology-Oncology at the Hospital of the

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University of Pennsylvania. She sees patients with leukemia, myelodysplastic syndromes and lymphomas and has a research interest in allogeneic stem cell transplantation.

Amanda Gordon, BSN, RN is a Research Nurse in the Abramson Cancer Center department of Hematology/Oncology. Ms. Gordon received her nursing degree from the University of Pennsylvania and has been working in the Abramson Cancer Center's Clinical Research Unit for two years. She works primarily on clinical research studies for patients with lymphoma.

Elizabeth Hexner, MD, MSTR is an Assistant Professor of Medicine and a member of the Abramson Cancer Center Hematologic Malignancies Group. Dr. Hexner received her medical degree from Columbia University where she also trained in Internal Medicine. She did her hematology/Oncology fellowship at the University of Pennsylvania, where she also received a master's degree in translational research. Dr. Hexner's research interests are experimental treatments for myeloproliferative neoplasms and experimental approaches to umbilical cord blood transplantation.

Lisa Holland Downs MSN, CRNP, is Coordinator of the Lymphoma Program at the Hospital of the University of Pennsylvania (Penn) in Philadelphia. In addition, she works in collaborative practice with Stephen J. Schuster, MD, as a Nurse Practitioner, focusing on the care of patients with lymphoma and other blood cancers. Ms. Downs earned her master of science in nursing degree from the Thomas Jefferson University in 1998 and completed the requirements to become a CRNP. After which she was invited to work in collaboration with Dr. Schuster. They strive to develop new therapies for lymphoma with a focus on biologic strategies. An invited speaker on a broad number of topics that deal with lymphoma and the care of patients with hematologic malignancies, Lisa Downs has lectured on both the local and national scene. The results of her work have appeared in such peer-reviewed journals as *Blood*, *Anal of Oncology*, *Oncology Nursing Forum* and *Leukemia & Lymphoma*." In addition, she is coauthor of the chapter titled, "Non Hodgkin's Lymphoma," in *Women and Cancer*, published by Elsevier Press.

Margaret Lazar, MS, MSW, LCSW is the Administrative Director of Patient and Family Services at the Abramson Cancer Center and a licensed social worker. Margaret has provided psychotherapy to patients and family members at the Cancer Center for over thirteen years. She has worked in a variety of treatment settings, providing individual, couple and group therapy for people with both psychiatric and medical illness and has worked at the University of Pennsylvania Health System since 1989.

Patricia Mangan, MSN, CRNP is Coordinator of the Bone Marrow and Stem Cell Transplant Program at the Abramson Cancer Center since 1991. She is also the nurse-liaison of the Bone Marrow Transplant Committee of the Eastern Cooperative Oncology Group (ECOG) for the past nine years. Ms. Mangan is a well-known speaker on a broad number of topics that deal with bone marrow transplant and the care of patients with hematologic malignancies. Her work on multiple myeloma has appeared in such peer-reviewed journals as the *Nurse Practitioner*. Patricia Mangan received her Bachelor of Science in Nursing at Villanova University and her Master of Science in Nursing at the University of Pennsylvania. She is both an Oncology Clinical Nurse Specialist and Nurse Practitioner and works in collaborative practice with Dr. Edward A. Stadtmauer, focusing on the care of patients with multiple myeloma and other blood cancers.

Sunita Nasta, MD is an Assistant Professor of Medicine (Hematology/Oncology) and is a member of the Bone Marrow Transplant and Hematologic Malignancies Group at the Abramson Cancer Center. Her undergraduate training was at Stanford University, in Microbiology and Immunology. Dr. Nasta completed her medical degree at Medical College of Virginia in Richmond, Virginia. She did her internship and residency in Baylor College of Medicine in Houston, Texas and was Chief Fellow in Hematology and Oncology at the University of Texas M.D. Anderson Cancer Center. She joined the staff at the Cancer Center in 2001, working primarily with lymphoma patients. Dr. Nasta has a particular interest in Hodgkin's lymphoma and the issues facing long-term cancer survivors. Her research interests include new drug development in aggressive lymphomas and the management of lymphoma in the elderly patient and the pregnant patient.

Fern Nibauer-Cohen is the Associate Director of Strategic Marketing Services at Penn Medicine. Prior to joining Penn in August 2008, Fern was the Senior Director of Physicians Services at Fox Chase Cancer Center for 18 years. She completed her yoga teacher's training certification at Yoga on Main in Manayunk in 2003 and completed a specialty certification in teaching yoga to cancer patients from the Integral Yoga Institute in Virginia in 2006. She is currently structuring a yoga program for cancer patients at the Abramson Cancer Center.

Neal Niznan, MSW, LCSW is a licensed social worker in practice since 1987. Neal has a particular expertise in assisting cancer patients and families to cope with the cancer experience, and has facilitated several cancer support groups at the Abramson Cancer Center. He specialized in individual, couples and family therapy in numerous counseling practices before coming to the Abramson Cancer Center in 2000. Mr. Niznan is a frequent speaker for the Abramson Cancer Center's "Focus on Cancer" series.

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Alexander Perl, MD is an Assistant Professor of Medicine (Hematology/Oncology) at the Abramson Cancer Center. Dr. Perl received his medical degree from the Mount Sinai School of Medicine in New York City, then completed his residency at the University of California, San Francisco, and fellowship at the Johns Hopkins Hospital. He specializes in the treatment of leukemia and in bone marrow transplant. Dr. Perl's laboratory-based and clinical trial research is supported by a Special Fellow in Clinical Research grant from the Leukemia and Lymphoma Society. His research interests include novel therapeutics for acute myeloid leukemia and signal transduction inhibition."

John Plastaras, MD, PhD is Assistant Professor of Medicine at the University of Pennsylvania and a Radiation Oncologist at the Abramson Cancer Center of the University of Pennsylvania.

David Porter, MD is the Director of Allogeneic Stem Cell Transplantation and Immunotherapy and Associate Professor of Medicine (Hematology/Oncology) at the Abramson Cancer Center. Dr. Porter is a graduate of the University of Rochester and earned a medical degree at Brown University in Providence, RI. He completed internship and residency at Boston University Hospital, and fellowship training at Brigham and Women's Hospital and Harvard Medical School in Boston. Dr. Porter came to Penn to lead the allogeneic stem cell transplant program in 1996. Clinically, he specializes in caring for patients with a variety of hematologic malignancies and for those patients undergoing autologous and allogeneic stem cell transplantation. Dr. Porter currently serves on a number of local and national medical committees. His principal research interests are in development of novel methods of allogeneic bone marrow and stem cell transplantation to improve both safety and efficacy of this therapy. He is the author or co-author of over 50 articles and reviews in the field of hematology-oncology and stem cell transplantation, and is a frequent lecturer at local and national meetings. Dr. Porter's research interests include new methods of therapy designed to enhance "graft-vs-tumor" activity of donor immune cells, development of safer methods of non-myeloablative stem cell transplantation ("mini-transplant") and new treatments for patients who relapse after stem cell transplant.

Michele Renz, MSN, CRNP is an Advanced Practice Nurse in the Department of Hematology-Oncology at the Abramson Cancer Center.

Susan Rheingold, MD is an Assistant Professor of Pediatrics at the University of Pennsylvania School of Medicine, where she received her medical degree. She is Medical Director of the Outpatient Oncology Program at The Children's Hospital of Philadelphia. Dr. Rheingold specializes in childhood ALL, especially relapsed ALL. She designs clinical trials for relapse and is a member of the national Children's Oncology Group relapsed ALL Committee.

Kathleen Sacharian, MSN, CRNP is an oncology nurse practitioner in the Department of Hematology/ Oncology and Bone Marrow Transplant program at the University of Pennsylvania Medical Center. Kathleen Sacharian received her undergraduate degree at the University of Delaware and graduate degree at the University of Pennsylvania. She currently practices with Sunita Nasta, MD and Donald Tsai, MD with the specialty of lymphoma.

Kava Schafer, MDiv, MA is staff oncology chaplain and bone marrow transplant chaplain at the Hospital of the University of Pennsylvania. Kava received her MDiv is from Harvard Divinity School. Holding a graduate degree in Holistic Spirituality and certified as a spiritual director, she incorporates holistic strategies in her accompaniment of people living with cancer. Chaplain Schafer is also a Reiki master. She has written numerous articles on the role of spirituality, healing and the cancer experience.

Jaime Schofield, MSN, CRNP is an Advanced Practice Nurse in the Department of Hematology-Oncology at the Abramson Cancer Center.

Stephen Schuster, MD is the Director of the Lymphoma Program and Associate Professor of Medicine (Hematology/Oncology) at the Abramson Cancer Center. After graduating from Jefferson Medical College in Philadelphia, he completed a residency in Internal Medicine at Pennsylvania Hospital. He went on to clinical and research fellowships at the Cardeza Foundation for Hematologic Research at Jefferson Medical College, where he joined the faculty and conducted laboratory studies related to the cellular and molecular biology of erythropoietin and translational clinical research in hematology and hematologic malignancy. In 1998, he joined Penn's Bone Marrow Transplantation and Hematologic Malignancy Program. Dr. Schuster's current work is in the development and application of new therapies for non-Hodgkin's lymphomas, including radioimmunotherapy, patient specific tumor derived vaccines, monoclonal antibody therapy, and immunotherapy with autologous co-stimulated T-cells. His work is supported in part by the Leukemia & Lymphoma Society's Translational Research Program. Dr. Schuster has received awards for his outstanding teaching and is the recipient of the 2005 Hope Award for Medical Achievement from The Leukemia & Lymphoma Society.

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Jacqueline Smith, MSN, CRNP is an Advanced Practice Nurse in the Department of Hematology-Oncology at the Abramson Cancer Center.

Nancy Stewart, MEd, MPT, CLT has been a physical therapist for 19 years graduating from University of the Sciences in 1990. She worked for 14 years with people who had spinal cord injuries and brain injuries in an outpatient setting. She is currently treating people at Penn Therapy and Fitness, Good Shepherd Penn Partners at the Pennsylvania Hospital location. She specializes in treating people with cancer related deficits such as lymphedema, soft tissue restrictions, cancer fatigue, chronic pain, etc. She also specializes in treating people with pelvic floor dysfunctions such as incontinence, constipation, pelvic pain, and soft tissue restrictions from surgical procedures and/or radiation treatments. Prior to becoming a physical therapist Nancy was a special education teacher for 18 years.

Jakub Svoboda, MD is Instructor of Medicine in the Division of Hematology-Oncology at the University of Pennsylvania an attending oncologist at the Abramson Cancer Center. He received his medical degree from Yale University School of Medicine and completed his internal medicine residency and oncology fellowship at the University of Pennsylvania. His research focuses on developing new treatment strategies for patients with lymphoma.

Joseph Straton, MD, MSCE is an Assistant Professor in the Department of Family Medicine and Community Health at the University of Pennsylvania and is an Assistant Professor in the Department of Anesthesiology and Critical Care. He is the Associate Director of the department's research-focused Faculty Development Fellowship program. He is actively engaged in research, clinical, and educational initiatives at the University and the health system that focus on improving symptom management and end-of-life care for people with advanced disease. Dr. Straton is the President of the Board of Directors for the American Cancer Society's Southeast Region of the Pennsylvania Division.

Craig Thompson, MD is the Director of the Abramson Cancer Center where he leads a group of more than 400 doctors and researchers, who seek to prevent, diagnose and cure cancer through the development of new knowledge, diagnostic tests and therapies. He is Associate Vice President for Cancer Services for Penn Medicine. After an undergraduate career at Dartmouth College, Dr. Thompson received his MD degree from the University of Pennsylvania in 1977. He received clinical training in Internal Medicine at Harvard University and in Medical Oncology at the Fred Hutchinson Cancer Research Institute at the University of Washington. From there, Dr. Thompson was a physician at the National Naval Medical Center in Bethesda, MD, and an Assistant Professor of Medicine at the Uniformed Services University of the Health Sciences. To date, Dr. Thompson has published over 340 peer-reviewed manuscripts and over 85 reviews. Currently, his laboratory undertakes basic research in the fields of cancer biology and immunology. The laboratory has recently contributed to the resurgent interest in cancer cell metabolism and is developing translational therapies to exploit the metabolic addictions exhibited by cancer cells.

Carolyn Vachani, MSN, RN, AOCN is an oncology advanced practice nurse at the University of Pennsylvania's Abramson Cancer Center. She has worked in the areas of medical hematology and oncology, bone marrow transplant, clinical research, radiation therapy and staff development. In her current role, she serves as the nurse educator for OncoLink, the Abramson Cancer Center's award winning cancer information website. She serves as the project leader in the development and maintenance of the LIVESTRONG Care Plan and has a strong interest in oncology survivorship care.

Mindy Weisner, MFT is a Patient Support Specialist at the Abramson Cancer Center where she currently provides direct psychosocial support services and counseling to patients being treated for blood cancers. She also co-facilitates the "Blood Cancers Patient and Family Education Series." Ms. Weisner graduated from Hahnemann University in 1995 with a Master's degree in Marriage and Family Therapy and is a Clinical Member of the American Association of Marriage and Family Therapy. Her previous clinical experience includes providing counseling to adults and children in an outpatient setting on a variety of issues including drug/alcohol addiction, mental health, parenting, domestic violence and anger management.

GUEST EXPERTS

Janet Ruth Falon MLA is an award-winning writer and writing teacher, and author of *The Jewish Journaling Book* (Jewish Lights, 2004). She teaches journaling skills to cancer and bariatric patients at various hospitals and organizations, and taught journaling at The University of Pennsylvania for many years. Janet has also taught journaling to women with eating disorders, church and synagogue groups, actors, and people dealing with infertility. She has kept her own journal for 45 years.

Eduardo Fernandez, MD is in private practice with Burlington County Hematology Oncology Associates and is a Clinical Assistant Professor at Robert Wood Johnson Medical School. He is a graduate of UMDNJ and completed his training at Cooper Hospital University Medical Center. He has been in practice for 12 years and sees patients with all types of hematologic and oncologic diseases. Dr. Fernandez is the American College of Surgeons Commission on Cancer's physician liaison for Lourdes Medical Center of Burlington County, where he is also chair of the hospital's ethics committee.

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Eduardo Fernández, MD tiene consulta privada con Socios de Hematología Oncológica del Condado de Burlington y es un Profesor Asistente Clínico en la Escuela de Medicina Robert Wood Johnson. El es un graduado de la Universidad de Medicina y Odontología Nueva Jersey y completó su entrenamiento en Centro Médico Universitario Cooper. El ha estado en práctica durante 12 años y ve a pacientes con toda clase de enfermedades de hematológicas y oncológicas. El Dr. Fernández es el enlace medico para la Comision Oncologica Americana del Colegio Norteamericano de Cirujanos para el Centro Médico Lourdes del Condado de Burlington, donde él es también silla del comité de ética medica del hospital.

Kimberly Fleisher, MEd, RMT is the founder and director of The Reiki School and Clinic in Philadelphia. She has been practicing Reiki for 14 years and running the school for 10. Kim specializes in Reiki education, particularly in the healthcare field. She is part of the collaborative group creating a Reiki volunteer program for The Abramson Cancer Center, and is a member of The Integrated Oncology Working Group at HUP.

Greg Heller, Esq is a trial attorney who practices in Philadelphia. He graduated from Williams College with a BA in physics in 1986 and graduated *cum laude* from the University of Michigan Law School in 1990. He practices with Young Ricchiuti Caldwell & Heller. He has considerable experience using the courts to hold insurance companies accountable for misconduct, and otherwise protecting the rights of patients, insureds, and their families. He serves on the board of the Legal Clinic for the Disabled. In addition to his work representing individuals, he is regularly called upon to advise patient advocacy groups about proposed health insurance legislation, at both the state and federal level.

Rodney Warner, Esq is the project attorney for the Law & Health Initiative for Cancer Survivors at the Legal Clinic for the Disabled, Inc., in Philadelphia which provides free legal services to those with physical disabilities in Philadelphia, Bucks, Montgomery, Delaware and Chester counties. Mr. Warner worked for the Connecticut Commission on Human Rights and Opportunities, where most of his time was spent investigating and mediating claims of employment discrimination. The Law & Health Initiative for Cancer Survivors is funded by a grant from the Lance Armstrong Foundation. Mr. Warner is a cancer survivor, having been treated for Hodgkin's lymphoma. He is an active volunteer at Gilda's Club Delaware Valley in Warminster.

Bill Wahl III is a Financial Advisor. He was raised in the Hudson Valley region of New York. He attended the Maxwell School at Syracuse University and earned bachelors degrees in economics and finance. Relocating to Wilmington in 1989 he began a very successful career in corporate banking internal finance. His 17 year career included rolls as a risk analyst and manager as well as business analyst and financial controller. In 2006, Bill left the world of corporate finance and began his new career as a Financial Advisor with Edward D Jones & Co. He quickly adapted to his new roll, by applying his unique experience as a risk and budget analyst. Joining Rockwell Associates in 2009 has allowed Bill to broaden the scale of financial services and products he can provide to clients. These include a wider range of Life and Heath insurance products as well as property and casualty insurance options. which are essential pieces to complete financial planning. Bill takes pride in sharing his knowledge and experience with the local community through his work as a volunteer instructor with the Delaware Money School, where he teaches free seminars on a variety of financial topics.

Carolyn Humphrey is a Financial Advisor. She grew up in Upstate New York, where she attended Binghamton University, earning a bachelor's degree in Mathematics with a concentration in Computers and Statistics. She began her career in the field of health and nutrition, serving as a nutrition counselor, trainer and coach, and holding roles in business administration. Carolyn moved into the financial services field in order to combine her communication and coaching abilities with her analytical skills and background in mathematics. Since joining Rockwell Associates, Carolyn has earned the FINRA Series 6, 63 and 65 registrations, and has become a Registered Life and Health Insurance Agent. Carolyn and her husband Jerry moved to Delaware in 1994. In her free time, she plays field hockey, hikes and participates in various fundraisers for her favorite causes such as the Breast Cancer 3-Day Walk. She also volunteers with the Boys and Girls Clubs and the Delaware Rugby Foundation. A big advocate of companion animals, Carolyn supports the SPCA and Humane Society, and enjoys spending time with her dogs, Rosie and Bogart.

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CONFERENCE FACULTY

MaryAnn Chupella, MA, LPC is the Senior Patient Services Manager for the Leukemia & Lymphoma Society, Eastern Pa Chapter, Lehigh Valley Branch office., MaryAnn is responsible for developing and implementing support and education programs in the community and provides information and support to patients. She is a member of the Professional Advisory Board for The Wellness Community of the Greater Lehigh Valley, Co-Chair of the Latino Leadership Alliance Health Committee and a member of PAC3. MaryAnn has a Master of Arts Degree in Counseling Psychology and is a Licensed Professional Counselor. She has over 20 years of experience in the field of oncology working both in a hospital and a home health setting with cancer patients and their families. She also maintains a private counseling practice in Bethlehem, PA for adults coping with depression, anxiety, chronic illnesses and stressful life events.

Nikole Papas, MPH received her Bachelor of Science from the University of Massachusetts at Amherst in Speech Pathology/Audiology and Psychology. She received her Master's in Public Health from Temple University in Philadelphia. Nikole previously held the position as Community Outreach Manager prior to becoming Patient Services Manager for the Eastern Pennsylvania Chapter, Philadelphia Office. She provides support to patients, coordinates our family support programs, collaborates with Public Policy on advocacy and also educates the community on professional resources as well.

Michelle Sobczyk received her Bachelor's Degree in Community Health Education from Temple University. She has an extensive background in conducting educational programs for health-related issues. Michelle is the Patient Services Manager for the Delaware Chapter of The Leukemia & Lymphoma Society.

Colleen Thornton, MA received her Master of Arts degree in Clinical Psychology from Loyola College in Maryland. She has nearly fifteen years experience providing mental health and wellness services to individuals and their families. As the Patient Services Manager in New Jersey Chapter's Southern NJ office, she is responsible for coordinating the School Re-entry program, managing the volunteer program, providing family support and educational programs, and conducting community outreach in the region. She is also the Co-Chair of the New Jersey Childhood Cancer Workgroup.

INFORMATION AND EDUCATION

Information Resource Center

The Information Resource Center (IRC) is a global connection for people living with blood cancer and for healthcare professionals. It is staffed by master's level oncology professionals (Information Specialists) who offer guidance for coping with a blood cancer diagnosis and provide current disease information. Patients, families and professionals may call the Information Resource Center toll-free number at (800) 955-4572 Monday through Friday, 9 a.m. to 6 p.m., ET or email to infocenter@lls.org.

TrialCheck® - A Clinical Trial Search Service Provided by LLS

Web visitors can locate clinical trials near them through the LLS-supported TrialCheck®, a clinical trial search services that offers immediate access to listings of leukemia, lymphoma, myeloma and other blood cancer clinical trials.

Internet

The LLS Web site, LLS.org, serves a wide variety of education and information needs. Users can personalize their LLS Web pages to keep current with disease specific updates and local chapter education, support and event activities. The site features a comprehensive overview of the Society's programs and services, Family Support Group locations, information about our peer-to-peer program First Connection, and other programs.

Teleconferences & Web casts

LLS sponsors teleconferences and Web casts for patients and caregivers and health care professionals on leukemia, lymphoma and myeloma and survivorship issues. A calendar of these free events, and archives of past events, are available in the "National Education Workshops" section of Society's Web site, LLS.org.

Educational Materials

An extensive collection of educational materials is offered free-of-charge to patients and health care professionals. Each year, LLS distributes booklets, brochures, videos and posters through the Information Resource Center and local Society chapters. Many materials are also available to view and download on the LLS Web site at LLS.org. Downloadable materials are available in English, Spanish, French and Portuguese.

Video and pictures from this conference will be available on PennMedicine.com/Abramson within two weeks.

Chapter-based Programs

Each of the Society's 64 nationwide chapters is staffed with a Patient Services Manager who oversees the chapter's services to patients and their families. Patient Services Managers are health care professionals, often with a background in oncology nursing, social work or public health.

The Road to Discovery: Emerging Therapies in Blood Cancer

This program provides patients, families and healthcare professionals with a clear description of what clinical trials are, how cancer drugs are developed, and what the emerging treatment options are for leukemia, lymphoma, and myeloma.

Milestones in Myeloma Therapy: An Overview for Patients and Caregivers

This program presents an overview of myeloma, treatments, emerging therapies and managing side effects and how to find emotional support when living with the illness.

Getting the Best Cancer Care at Age 55 and Older

This education program presents an overview of the many factors, not age alone, that healthcare professionals should assess to determine an appropriate cancer treatment plan for an older adult.

Welcome Back: Facilitating the School Experience for Childhood Cancer Survivors

This education program discusses possible emotional and cognitive short- and long-term effects that children may experience after treatment, and offers numerous resources that can assist childhood cancer survivors to flourish in the school post treatment.

SUPPORT SERVICES

Family Support Groups

The Society has developed nearly 526 Family Support Groups at 64 chapters throughout the country. The Society also has more than 930 volunteer support group facilitators with backgrounds in oncology nursing or social work. Groups are guided by two volunteer oncology health professionals, and provide information and support, and encourage greater communication among patients, families, friends and health care professionals.

First Connection

First Connection is a program that links newly diagnosed patients to a peer volunteer who has experienced a similar diagnosis. A trained patient-volunteer currently in remission phones (or visits) the new patient to share information and support. This program is available through Society chapters.

Patient Financial Aid Program

For more than 45 years, LLS has helped patients demonstrating significant need to obtain financial assistance to cover a portion of their treatment costs. As of July 1, 2009 the LLS Patient Financial Aid Program, offers \$150 per year to those with a confirmed blood cancer diagnosis in active treatment or ongoing follow-up. Patient Financial Aid funds are subject to availability.

The Trish Greene Back to School Program for Children with Cancer

This program is designed to increase communication among health care professionals, parents, patients and school personnel to assure youngsters a smooth transition from active treatment back to school. Printed literature, videos and other materials to aid the process are available through all local chapters.

About The Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society®, headquartered in White Plains, NY, with 64 chapters in the United States and additional branches in Canada, is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. The Society's mission: to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Since its first funding in 1954, the Society has invested more than \$680 million in research specifically targeting leukemia, lymphoma and myeloma. Last year alone, the Society made more than 4.9 million contacts with patients, caregivers and healthcare professionals.

Donations to the Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society (LLS) relies on the support of individuals, corporations and foundations to fund LLS's research initiatives, patient services and education programs. Your contribution to honor or commemorate the life of a friend or loved one helps to advance LLS's mission and major programs. By making a contribution in honor of or in memory of someone who has touched your life, you can help provide additional resources to accelerate cures and fund additional research, patient services, public and professional education and community services. Your gift will help us find cures for leukemia, lymphoma and myeloma.

Donate by Phone

Call (800) 955-4572 or for major gifts, call (888) 773-9958 or visit LLS.org and click on "Donate" under "How to Help".

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Leukemia, Lymphoma & Myeloma Treatment at the Abramson Cancer Center

800-789-PENN (7366)

The Abramson Cancer Center of the University of Pennsylvania's long-standing program for leukemia, lymphoma & myeloma is nationally recognized for its treatment capabilities and research efforts.

The Penn Difference

- Physicians who are experts in blood cancers and related diseases and who have helped develop many of the standard treatment approaches used today throughout the country.
- A patient-centered philosophy to make sure patients and their family get the needed care and support.
- A team approach, so that all of the patient's physicians, nurses, and other health care providers work closely to make sure you get the best possible care.
- A clinical trials program that offers new approaches to treatment at all levels of progression.
- A nationally renowned basic science program approved by the National Cancer Institute that immediately brings research advances to the patient care setting.

Education and Supportive Care Services at the Abramson Cancer Center

Patient Support Specialists

Patient Support Specialists are available to support and assist cancer patients and their families throughout the cancer experience. They provide emotional support to patients and families as well as locate educational and community resources.

Nutrition Counseling

The Cancer Center's Dietitians assess individual nutritional status, review personal nutrition practices, provide advice on diet and nutrition therapies, and can provide education about herbs, cancer diets, and supplements.

Psychosocial Counseling

A diagnosis of cancer and its treatment can be stressful for both patients and their families. Cancer Counselors provide support, coping techniques and interventions to address personal and relationship issues during the cancer experience.

Integrative & Wellness Medicine

Our Cancer Center sponsors a range of services and educational workshops throughout the year that help patients and families cope with the cancer experience and improve their overall sense of well being. Examples include acupuncture and stress management.

Pain and Symptom Management

Our Penn pain and symptom management experts are experienced in helping people with cancer address problems such as pain, nausea and fatigue.

Rehabilitation

During the course of your care, Penn's Cancer Rehabilitation team is here to help your recovery if needed. The team is comprised of physiatrists and physical and occupational therapists that specialize in treating people with cancer.

Penn Home Care and Hospice Services

The University of Pennsylvania Health System has dedicated home care and hospice services available to all cancer patients should the need arise during your course of treatment.

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